



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HOW TO DEAL WITH BEING BULLIED

Free Youth Bullying Workshop

Saturday, September 28, 11 am- 1pm
Westchester Family YMCA Annex
Ages 10-18 are encouraged
FREE Community Event

Join us for the Westchester Family YMCA's first annual Youth Bullying Workshop led by Linda Marten, MSW from **Get Help Parenting**. The workshop will feature activities and educational experiences preparing tweens & teens for potential bullying situations. Parents are encouraged to drop off their kids and then return at 1 p.m. There will be a **FREE BBQ** from 12:15-1pm. For additional information on this community event, please contact Operations Executive, Chad Maender at 310-670-4316. **If interested, please sign-up at the Welcome Center or email chadmaender@ymcala.org!**



WESTCHESTER FAMILY YMCA
8015 S. Sepulveda Boulevard
Los Angeles, CA 90045
310 670 4316
www.ymcala.org/wc

This workshop is presented by the Youth Development Council.